



January 13, 2020

# BIG SKY Masters Swimmers

## CHARLOTTE SANDDAL

**World Record-Holder  
97 Years Young**

**SPOTLIGHT!**

### CHAR'S RECORDS

Charlotte has Montana Masters, NW Zone Records, USMS top-10, FINA top-10 & World records.

#### Number 1 in world

##### FINA WORLD MASTERS SHORT COURSE METERS

Women 90- 94

**50 M FLY** 1:21.95 USA 2012

Women 95-99

**200 M. I.M.** 9:32.59 USA 2018

**200 M. BRST** 9:20.70 USA 2018

##### FINA WORLD MASTERS LONG COURSE METERS

Women 95-99

**100 M. BRST** 4:37.87 USA 2017

**200 M. BRST** 9:18.96 USA 2017

**Charlotte All  
American status**

**Short Course Meters**

**2018, 2017, 2016, 2015, 2013  
2012**

**Long Course Meters**

**2017, 2016, 2014**

**Long Distance**

**2016, 2014**

**Short Course Yards**

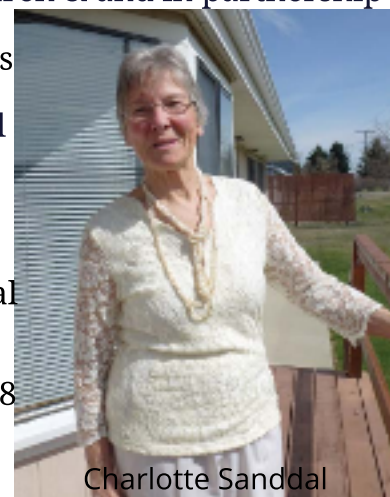
**2014, 2013**

**Relay**

**2016, 2015**

At 97 Charlotte Sanddal still drives a stick shift, still plays bridge, still maintains her own home, still entertains friends for potluck dinners, still enjoys a glass of chardonnay on the rocks and still swims like a champion. She grew up in Chicago and served in the US Naval Reserves for 3 years during WWII as an Aviation Machinist Mate 2nd Class for 3 years in Norman, OK. She performed maintenance on bi-wing planes used to train Naval Aviation Cadets. After her military service, she married & received a BS at Sociology at Utah State & worked as a social worker for 11 years. She & her husband Jim adopted four children & and in partnership operated Boulder Hot Springs for 7 years. After running the Hot Springs Charlotte attended NM Highlands University & received a MS in Social Work & later moved to Ogden UT & obtained a post graduate degree in gerontology. After her divorce she moved to Helena at 64 she started working as a Licensed Clinical Social worker for MT Department of Health & Social Services as part of team inspecting nursing homes for 8 years.

After retirement she met Flora Wong who encouraged her to swim.



Charlotte Sanddal

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All American Relay Team 2016 Peggy Stringer, Charlotte Sanddal, Flora Wong, Pat Hastings

## TOP-10 RECORDS 2019

### Long Course Meters for Montana LMSC

#### Women 35-39 LCM

Place	Event	Name	Age	Club	Time
8	50 Back	Jordan Teller	36	BSMT	:36.83
6	100 Back	Jordan Teller	36	BSMT	1:21.42

#### Women 70-74 LCM

10	200 IM	Suzette Harkin	73	BSMT	4:25.89
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#### Women 75-79 LCM

4	50 Free	Ella B Ackley	77	UC31	44.66
9	50 Back	Ella B Ackley	77	UC31	1:01.32

#### Men 70-74 LCM

7	1500 Free	Donn Livoni	73	BSMT	24:49.85
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### Short Course Yards for Montana LMSC

#### Women 35-39 SCY

8	100 Back	Jordan Teller	35	BSMT	1:05.43
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#### Women 60-64 SCY

8	100 Back	Wendy McNamara	64	BSMT	1:13.75
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#### Women 65-69 SCY

9	200 Fly	Peggy L Stringer	67	BSMT	3:52.96
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#### Women 80-84 SCY

8	200 Free	Patricia Hastings	83	BSMT	4:02.46
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#### Women 90-94 SCY

5	50 Free	Flora L Wong	90	BSMT	1:13.96
2	100 Free	Flora L Wong	90	BSMT	2:55.95
2	200 Free	Flora L Wong	90	BSMT	5:57.78

#### Men 18-24 SCY

10	500 Free	Charles Henry	23	MMMT	5:01.66
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#### Men 85-89 SCY

8	50 Free	Richard R Knight	86	UC31	41.14
6	100 Free	Richard R Knight	86	UC31	1:31.64
6	50 Back	Richard R Knight	86	UC31	48.72
6	100 Back	Richard R Knight	86	UC31	1:49.93
3	50 Breast	Richard R Knight	86	UC31	52.60
7	200 Breast	Don P Jelinek	85	BSMT	7:43.92

### Preliminary SCM results out late January

## JANUARY 22

Last day to register for  
Butte Swim Meet

[Register](#)

## FEB 29 - MAR 1

### Montana Masters SCY

#### Swim Meet Bozeman

Montana's biggest Masters' meet of the year held in a 25-yard pool every spring, and rotates around the state. The last time this meet was held in Bozeman was in 2016 (at MSU). This is the first time this meet has been held at the Bozeman Swim Center.

[Register NOW!](#)

### Link to Montana Masters Records

[Short Course Yards Montana Masters Records](#)

(Charlotte from page 1)

Flora wanted to know how old Charlotte was and was happy that her new friend was not in her age group. With her new swimming friend, Charlotte entered her first swim meet in Kalispell at 72. Charlotte said, "I was not proficient at swimming, but with help & encouragement from Flora I became a better swimmer."

The Helena Ridley Masters started the Inspirational Charlotte Sanddal traveling silver engraved wine cooler award in 2017. (perfect for someone who loves chardonnay on the rocks) Charlotte was the first to receive her inspirational trophy.

Charlotte's words of Wisdom:

- Find something you like to do & be passionate about it
- You are never too old to start something new
- Value your friendships
- Cheer & cherish your swimming friends
- Don't complain
- Never give up
- Keep going