

The Jean Rudolph Memorial & Inland NW LMSC Championship Swim Meet

Saturday, April 6th, 2019

Date/Times: Saturday, April 6th, 2019 – warm-up starts at 11:00am; **meet starts at 12:00 pm.**

Sponsor: Moscow Chinooks Masters Swim Club. Sanctioned by [Inland Northwest Masters Swimming](#) (IWMSC) for United States Masters Swimming, Inc. (USMS) Sanction number 359-S002.

Facility: University of Idaho Swim Center (1040 Rayburn St., Moscow, ID) is an indoor pool with eight 25-yard competition lanes and a separate four-lane pool for continuous warm-up/-down. Locker rooms adjacent to pool. Spectator balcony. Snacks/drinks for swimmers and volunteers provided.

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Directions: **1a.** From ID Hwy 95 come into Moscow & head west on Sixth St. toward the Univ of Idaho campus. **1b.** From Pullman on WA270/ID8 turn right at 2nd signal onto Perimeter Rd. then left onto Sixth St. **2.** Turn south on Rayburn St. and continue to parking lot #39 opposite the Kibbie Dome east side. Enter Memorial Gym and follow signs to the Swim Center. Additional parking on Rayburn St. and at UI Law School. Obey all parking signs.

Eligibility: All swimmers must be currently registered USMS swimmers or foreign equivalent. New members can register online: www.usms.org/reg.

Rules: 2019 USMS rules will apply. Available at www.usms.org/rules/ and at the meet. Certified stroke and turn judges will be present.

Deadlines: **Online entries must be complete by Tuesday, April 2nd at 11:59pm PDT.** Contact the meet director if you are not able to enter online and need an alternative method.

Fees: \$30 for entries. Online registrations will be charged to a credit card. **The charge on your card will be from "ClubAssistant.com Events" for this meet.**

Conduct of the meet: Short course yards events will be seeded slowest to fastest. Participants may swim up to six events, plus four relay events. **The 1650 Free will be limited to the first 16 entrants.**

Relays: Submit relay cards to the clerk of course during each day's warm-ups for deck seeding. Individuals must be signed up with the club/workout group they represent to have their relay points count for that club/workout group.

*The entries for Mixed Relays, Women's Relays and Men's Relays will be swum in combined heats.

Awards: First-Third place ribbons will be available. **Saturday Evening Social:** 5:30 pm at the 1912 Center on 3rd St. in Moscow. Cost TBD.

High Point Swimmers will be recognized.

PLEASE NOTE: The Inland NW Masters Swimming Committee (LMSC) annual membership meeting will be held in Coeur d'Alene Sun, Mar. 31 Noon at Azteca.

LMSC Awards: Season high point swimmers will be recognized at the social. Other awards (Model Masters & Volunteer of the Year) will be given the week prior.

Accommodations: H.O.S.T. (House Our Swimmers Tonight) available. Moscow Chinooks are happy to house you. (It's UI Mom's Weekend.) Contact the Meet Director. RVs at Latah Co. Fairgrounds.

QUESTIONS: Contact Meet Director Paige Buehler at (208) 892-1328 before 9pm PT or email swim@gnorth.net.

HOW TO ENTER

https://www.clubassistant.com/club/meet_information.cfm?c=1858

Or find the link at inlandnwmasters.org
Contact the meet director if you are not able to enter online and need an alternative method.

Saturday, April 6th

11:00am warmup, meet starts at Noon

1. 500 Y Free
2. 50 Y Breast
3. 100 Y Fly
4. 200 Y Free
5. 200 Y Mixed/W/M* Medley Relay
- 10 minute BREAK**
8. 200 Y Individual Medley
9. 200 Y Back
10. 100 Y Breast
11. 200 Y W/M Free Relay
- 10 minute BREAK**
13. 50 Y Fly
14. 1650 Y Free
15. 200 Y Breast
16. 50 Y Free
17. 100 Y Back
18. 100 Y Individual Medley
19. 400 Y Mixed/W/M* Free Relay
- 10 minute BREAK**
22. 400 Y Individual Medley
23. 50 Y Back
24. 200 Y Fly
25. 100 Y Free
26. 200 Y Mixed Free Relay