



**SWIM DEVIL MASTERS SWIMMING
2023 RON JOHNSON INVITATIONAL
ARIZONA STATE CHAMPIONSHIP
SHORT COURSE METERS MEET
AND
ULTRA DISTANCE
COMPETITION EXTRAVAGANZA
3000 AND 6000 YARDS
NOVEMBER 18-19, 2023**

Meet Director: Katy James, katyjamesswims@hotmail.com, 480-540-5637

Sanction: Held under the sanction of U.S. Masters Swimming and the Arizona Local Masters Swim Committee (AZLMSC), sanction #483-S005

Facility: Competition will be held at Mona Plummer Aquatic Center at 601 N College Ave, Tempe, AZ. The facility is an outdoor 25 meter, 8 lane pool operated at 80 F with non-turbulent lane lines and electronic timing for the SCM State Championship Meet. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement. There is a 25 yard course at the west end of the pool that will be used for the ultra distance events. There is also another 25 yard course available for warm-up and loosen-down during the actual meet.

Parking: Parking is available adjacent to the facility in the parking structure to the pool. There is a charge for parking in the structure on Saturday and Sunday.

Rules: 2023 USMS rules apply. All events are timed finals. There is a limit of EIGHT (8) individual events total and no more than four (4) per day. Your age as of December 31, 2023 determines your age group for the SCM meet. Your age on November 19, 2023 determines your age for the 3000 and 6000 SCY events.

Relay Entries: A USMS-registered swimmer who wishes to only swim relay events must enter the meet before the start of event #3, by paying the \$10.00 relay-only entry fee and must sign a consolidated entry card. There is no limit on relays, but swimmers may swim only one relay (men, women, or mixed) per event distance and stroke. Relay entries are due for Saturday's 400 medley relays at the end of Event #2, 1500 free, Saturday's 200 free relays at the end of Event 5, 100 free, Sunday's 800 free relays at the end of Event 15, Sunday's 400 free relays at the end of Event 18 and Sunday's 200 medley relays at the end of Event 26. It is much appreciated if coaches can send their proposed relays to the meet director before the start of the meet at katyjamesswims@gmail.com. Please note: the meet director intends to limit the 800 free relays to a maximum of one heat. The women's, men's and mixed 800 free relays will be seeded together.

Entries/ Fees: Entries must be received by November 13, 2023. Late entries will not be accepted. There is a \$70.00 meet fee plus a meet surcharge of \$8.00 for the SCM State Championship meet. The meet info can be found at www.azlmsc.org by clicking on "EVENTS".

Swimmers are encouraged to enter online. There is an additional entry fee to enter the Ultra Long Distance events of \$50 per event. Use this link:

Swimmers may still choose to mail their entry for a fee of \$78.00 and/or \$50 per ultra long distance event. Please use the new Arizona Consolidated entry card for this method. Fill it out completely and be sure to enter seed times for all the events that you wish to swim. You must also send a copy of your USMS registration card. There will be **no deck entries for individual events**. Make checks out to **Sun Devil Masters Swimming**.

Mail your entry card, check and photocopy of your USMS Card to:

Katy James
723 East Diamond Drive
Tempe, AZ 85283

If you need an Arizona Consolidated entry card or USMS application, go to www.azlmsc.org and look under forms.

Seeding: All events will be pre-seeded (women & men swim together) by time, slowest to fastest.

Long Distance: The 800 free, Event 1, will be limited to 5 heats and a maximum of 40 swimmers. The 1500 free, Event 2, will be limited to 3 heats and a maximum of 24 swimmers. Swimmers may enter either the 800 free or the 1500 free but not both. Swimmers will be responsible for providing their own counters. Please contact the meet director if you need help in obtaining a counter.

Ultra Long Distance:

The 3000 yard free, Event 16 and 6000 yard free, Event 36, will be held in the 25 yard swimming pool. The 3000 will be limited to 2 heats on Saturday afternoon and the meet director leaves open the option to have 2 swimmers per lane depending on the number of entries. The 6000 will be limited to 1 heat on Sunday and the meet director leaves open the option to have 2 swimmers per lane depending on the number of entries. Please bring someone to count for you.

Results: At the conclusion of the meet, results will be posted at www.azlmsc.org.

Social: There will be a social for all participants and friends on Saturday evening after the conclusion of Saturday's events at the Sonesta Select Tempe, 601 N Ash. Tickets can be purchased for \$25 and include appetizers and your first drink. More details and directions will be posted at the meet.

ORDER OF EVENTS:

Saturday, November 18, 2023

Session 1 Events: Warm-up 7:00 AM/

Start 8:00 AM

1	800	Free
2	1500	Free

Saturday, November 18, 2023

Session 2 Events: Warm-up 1 pm/

Start 2:00 PM

3	50	Breast
4	200	Back
5	100	Fly
6	200	Free
	10 MINUTE BREAK	
7	400	W Medley Relay
8	400	M Medley Relay
9	400	Mixed Medley Relay
	10 MINUTE BREAK	
10	200	Fly
11	50	Free
12	200	IM
13	200	W Free Relay
14	200	M Free Relay
15	200	Mixed Free Relay

Saturday, November 18, 2023

Session 3 Events: Warm-up 1 pm/

Start 2:00 PM

16	3000y	Free
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Sunday, November 19, 2023

Session 4 Events: Warm-up 9:00 AM/

Start 10:00 AM

Order	Event	
17	800	W Free Relay
18	800	M Free Relay
19	800	Mixed Free Relay
20	50	Fly
21	200	Breast
22	100	Back
23	400	Free
	10 MINUTE BREAK	
24	400	W Free Relay
25	400	M Free Relay

26	400	Mixed Free Relay
27	10 MINUTE	BREAK
28	100	IM
29	50	Back
30	100	Breast
31	100	Free
32	400	IM
33	200	W Medley Relay
34	200	M Medley Relay
35	200	Mixed Medley Relay

Sunday, November 19, 2023
Session 5 Events: Warm-up 9 am/
Start 10:00 am

36	6000y	Free
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